

A Mental Health Platform for your Employees

A new type of Employee Assistance Programme





Poor mental health is a real cost for UK employers.

Deloitte estimates that it costs businesses around £51 billion a year through absence, presenteeism and staff turnover.

Investing in workplace mental health can deliver measurable returns. For every £1 invested, employers see an average return of around £4.70 through improved productivity.

But support only works if employees know about it, can access it easily and feel comfortable using it.

BetterCare UK makes professional mental health support straightforward and accessible, with clear routes to care when employees need it.

Preventative therapy and coaching

BetterCare provides direct access to qualified, experienced counsellors and psychotherapists.

No wait

Online

In Person

Expert-Led

Private

No Admin



Mental well-being support that matches every role

HR & Organisations

Training on managing workplace mental health, early detection, and DEIB (Diversity, Equity, Inclusion & Belonging) framework implementation.



Managers & Leaders

Equip managers with leadership coaching and mental health training so they keep their teams engaged and productive.



Employees

Give every employee access to therapy to reduce burnout and absenteeism.





How Our EAP Works



6 Sessions Included

Each employee can access up to six one-to-one therapy sessions per year at no extra cost.



Continuity of Care

Employees can work with the same clinician throughout their care journey.



Expert Clinicians

Accredited by the British Association for Counselling and Psychotherapy (BACP).



No Long Delays

Employees can start therapy or counselling in as little as 72 hours.



Company Reports

Quarterly reporting provides anonymised usage reports and wellbeing trend data.

Partner with us to support your team

From startups and small teams to enterprises, protect your people's mental health.

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 www.bettercareuk.co.uk

